

| 09 NOVEMBER 2025                                                               |                                   |                                   |
|--------------------------------------------------------------------------------|-----------------------------------|-----------------------------------|
| STUDIO 1                                                                       | STUDIO 2                          | STUDIO 3                          |
| LEVEL 3                                                                        | LEVEL 2                           | LEVEL 1                           |
| 10:00 - 13:00<br>**Flight from Istanbul to Antalya and Transfer to the Hotel** |                                   |                                   |
| 13:00 - 13:45<br>LUNCH                                                         |                                   |                                   |
| 14:00 - 15:30<br>CLASSICAL BALLET                                              | 14:00 - 15:30<br>CONTEMPARY CLASS | 14:00 - 15:30<br>CLASSICAL BALLET |
| 15:45 - 17:15<br>CONTEMPARY CLASS                                              | 15:45 - 17:15<br>CLASSICAL BALLET | 15:45 - 16:45<br>IMPROVISATION    |
| 17:00 - 17:30<br>Check-in to Rooms                                             |                                   |                                   |
| 18:00 - 18:45<br>SWIMMING POOL                                                 |                                   |                                   |
| 19:15 - 20:15<br>EVENING MEAL                                                  |                                   |                                   |
| 20:30 - 21:30<br>STRECHING                                                     |                                   |                                   |

| 10 NOVEMBER 2025                                 |                                                  |                                   |
|--------------------------------------------------|--------------------------------------------------|-----------------------------------|
| STUDIO 1                                         | STUDIO 2                                         | STUDIO 3                          |
| LEVEL 3                                          | LEVEL 2                                          | LEVEL 1                           |
| 08:00 - 08:45<br>BREAKFAST                       |                                                  |                                   |
| 09:00 - 09:50<br>WARM UP / FLOOR BARRE           |                                                  |                                   |
| 10:00 - 11:20<br>CLASSICAL BALLET                | 10:00 - 11:20<br>CONTEMPARY CLASS                | 10:00 - 11:15<br>FLOOR BARRE      |
| 11:30 - 12:50<br>CONTEMPARY CLASS                | 11:30 - 12:50<br>CLASSICAL BALLET                | 11:30 - 12:50<br>CLASSICAL BALLET |
| 13:00 - 13:45<br>LUNCH                           |                                                  |                                   |
| 13:30 - 14:00<br>MALE TECHNIQUE                  |                                                  |                                   |
| 14:00 - 15:20<br>POINT CLASS + BALLET REPERTOIRE | 14:00 - 15:20<br>IMPROVISATION                   | 14:15 - 15:15<br>STRECHING        |
| 15:30 - 16:50<br>IMPROVISATION                   | 15:30 - 16:50<br>POINT CLASS + BALLET REPERTOIRE | 15:30 - 16:45<br>IMPROVISATION    |
| 17:30 - 18:30<br>SWIMMING POOL                   |                                                  |                                   |
| 19:00 - 20:30<br>EVENING MEAL                    |                                                  |                                   |

| 11 NOVEMBER 2025                                 |                                                  |                                   |
|--------------------------------------------------|--------------------------------------------------|-----------------------------------|
| STUDIO 1                                         | STUDIO 2                                         | STUDIO 3                          |
| LEVEL 3                                          | LEVEL 2                                          | LEVEL 1                           |
| 08:00 - 08:45<br>BREAKFAST                       |                                                  |                                   |
| 09:00 - 09:50<br>WARM UP / FLOOR BARRE           |                                                  |                                   |
| 10:00 - 11:20<br>CLASSICAL BALLET                | 10:00 - 11:20<br>CONTEMPARY CLASS                | 10:00 - 11:15<br>FLOOR BARRE      |
| 11:30 - 12:50<br>CONTEMPARY CLASS                | 11:30 - 12:50<br>CLASSICAL BALLET                | 11:30 - 12:50<br>CLASSICAL BALLET |
| 13:00 - 13:45<br>LUNCH                           |                                                  |                                   |
| 13:30 - 14:00<br>MALE TECHNIQUE                  |                                                  |                                   |
| 14:00 - 15:20<br>POINT CLASS + BALLET REPERTOIRE | 14:00 - 15:20<br>IMPROVISATION                   | 14:15 - 15:15<br>STRECHING        |
| 15:30 - 16:50<br>IMPROVISATION                   | 15:30 - 16:50<br>POINT CLASS + BALLET REPERTOIRE | 15:30 - 16:45<br>IMPROVISATION    |
| 17:30 - 18:30<br>SWIMMING POOL                   |                                                  |                                   |
| 19:00 - 20:30<br>EVENING MEAL                    |                                                  |                                   |

| 12 NOVEMBER 2025                                 |                                                  |                                   |
|--------------------------------------------------|--------------------------------------------------|-----------------------------------|
| STUDIO 1                                         | STUDIO 2                                         | STUDIO 3                          |
| LEVEL 3                                          | LEVEL 2                                          | LEVEL 1                           |
| 08:00 - 08:45<br>BREAKFAST                       |                                                  |                                   |
| 09:00 - 09:50<br>WARM UP / FLOOR BARRE           |                                                  |                                   |
| 10:00 - 11:20<br>CLASSICAL BALLET                | 10:00 - 11:20<br>CONTEMPARY CLASS                | 10:00 - 11:15<br>FLOOR BARRE      |
| 11:30 - 12:50<br>CONTEMPARY CLASS                | 11:30 - 12:50<br>CLASSICAL BALLET                | 11:30 - 12:50<br>CLASSICAL BALLET |
| 13:00 - 13:45<br>LUNCH                           |                                                  |                                   |
| 13:30 - 14:00<br>MALE TECHNIQUE                  |                                                  |                                   |
| 14:00 - 15:20<br>POINT CLASS + BALLET REPERTOIRE | 14:00 - 15:20<br>IMPROVISATION                   | 14:15 - 15:15<br>STRECHING        |
| 15:30 - 16:50<br>IMPROVISATION                   | 15:30 - 16:50<br>POINT CLASS + BALLET REPERTOIRE | 15:30 - 16:45<br>IMPROVISATION    |
| 17:30 - 18:30<br>SWIMMING POOL                   |                                                  |                                   |
| 19:00 - 20:30<br>EVENING MEAL                    |                                                  |                                   |

| 13 NOVEMBER 2025                                 |                                                  |                                   |
|--------------------------------------------------|--------------------------------------------------|-----------------------------------|
| STUDIO 1                                         | STUDIO 2                                         | STUDIO 3                          |
| LEVEL 3                                          | LEVEL 2                                          | LEVEL 1                           |
| 08:00 - 08:45<br>BREAKFAST                       |                                                  |                                   |
| 09:00 - 09:50<br>WARM UP / FLOOR BARRE           |                                                  |                                   |
| 10:00 - 11:20<br>CLASSICAL BALLET                | 10:00 - 11:20<br>CONTEMPARY CLASS                | 10:00 - 11:15<br>FLOOR BARRE      |
| 11:30 - 12:50<br>CONTEMPARY CLASS                | 11:30 - 12:50<br>CLASSICAL BALLET                | 11:30 - 12:50<br>CLASSICAL BALLET |
| 13:00 - 13:45<br>LUNCH                           |                                                  |                                   |
| 13:30 - 14:00<br>MALE TECHNIQUE                  |                                                  |                                   |
| 14:00 - 15:20<br>POINT CLASS + BALLET REPERTOIRE | 14:00 - 15:20<br>IMPROVISATION                   | 14:15 - 15:15<br>STRECHING        |
| 15:30 - 16:50<br>IMPROVISATION                   | 15:30 - 16:50<br>POINT CLASS + BALLET REPERTOIRE | 15:30 - 16:45<br>IMPROVISATION    |
| 17:30 - 18:30<br>SWIMMING POOL                   |                                                  |                                   |
| 19:00 - 20:30<br>EVENING MEAL                    |                                                  |                                   |

| 14 NOVEMBER 2025                                 |
|--------------------------------------------------|
| 09:00 - 09:45<br>BREAKFAST                       |
| 10:00 - 10:45<br>Airport Transfer                |
| 12:00 - 13:30<br>Flight from Antalya to Istanbul |